



HEALTHCARE FOR HEROES

DID YOU KNOW?

The State of Maryland will reimburse you and your family up to **\$60/month*** of your TRICARE Reserve Select and TRICARE Dental Program premiums!

TRICARE Reserve Select Premiums:

- Member only: \$48.47/month
- Member and Family: \$239.69/month

TRICARE Dental Premiums:

- Sponsor only: \$12.36/month
- Single: \$30.89/month
- Family: \$80.33/month
- Sponsor and family: \$92.69/month

*Any currently serving member of the Maryland National Guard can enroll in the program, including full-time employees who enroll themselves or family members in TRICARE Dental. Additionally, you can be retroactively reimbursed for your payments back to July 1st when you provide substantiating documents through the portal.



SCAN THE QR CODE to submit for reimbursement or VISIT www.OneStop.md.gov



CONTACT FOR MORE INFORMATION: MMD.HEALTHCAREFORHEROES@MARYLAND.GOV